



Joma Athletics Wicklow County Championships

Shoreline Sports Park Charlesland, Greystones



Friday 10th May 2024

Start 6.30pm.

| Track Events | High Jump | Shot Putt |
|-------------------------------|-------------------------|----------------------------|
| | U15/16 Girls | U12 Girls 2K |
| Long Hurdles | U15/16 Boys | U12 Boys 2K |
| 250mH Girls & Boys U 15 | U17/18/19 Girls + Women | U15 Girls 2.72K |
| 250mH Girls & Boys U 16 | U17/18/19 Boys + Men | U16 Boys 4K |
| 300mH Girls & Boys U 17 | | U17/18 Girls 3K |
| 400mH Girls & Boys U 18/19 | | U19 Girls + Sen/Mast Wm 4K |
| 400mH Sen/Mast Men/Women | | |
| | | |
| | | |
| 600m | | |
| 600m Girls & Boys U12 | Long Jump | |
| 600m Girls & Boys U13 | U13 Boys | Discus |
| | U13 Girls | U14 Boys |
| | | U14 Girls |
| 3K | | U17/18/19 Boys + Men |
| 3000m Girls U16 – U19 + Women | | U17/18/19 Girls + Women |
| 3000m Boys U16 – U19 + Men | Triple Jump | |
| | U16 upwards | |
| | | |
| | | |
| 400M | | |
| 400m Girls & Boys U14 –U19 | | |
| 400m Sen & Mast | | |
| | | |
| | | |
| 400m Finals if needed | | |
| | | |

Track and Field events will run simultaneously.
 Separate competitions will be held for Masters where there are 3 or more entries.
 Order of events may be subject to change during the evening.

Athletes should be proficient in the events that they take part in!

Athletes may only compete in their own age group except for relays, where they can move up one year only! Please adhere to this rule!



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Shoreline Sports Park Charlesland, Greystones



Saturday 11th May 2024

Start 10.30am

| Track Events | Long Jump | Turbo Javelin |
|--|----------------------|--------------------------|
| Award Scheme | Award Scheme | Award Scheme |
| 60m Girls & Boys U8 - U11 | U8 Girls & Boys | U10 Boys & U 9 Girls |
| | U9 Girls & Boys | U11 Boys & U 8 Girls |
| Distance Races (Awards) | U10 Girls & Boys | U8 Boys & U11 Girls |
| 200m Girls & Boys U8 | U11 Girls & Boys | U9 Boys & U10 Girls |
| 300m Girls & Boys U9 | | |
| 400m Girls & Boys U10 | Relays 4x100m | |
| 500m Girls & Boys U11 | U8 Girls & Boys | |
| | U10 Girls & Boys | |
| | U9 Girls & Boys | |
| | U11 Girls & Boys | |
| | | |
| ***** | ***** | ***** |
| Start 1pm | Start 1pm | Start 1pm |
| Sprint Hurdles | | |
| 60mH Girls & Boys U12 & U13 | Long Jump | Shot Putt |
| 75mH Girls & Boys U14 | U12 Girls | U17/18 Boys 5K |
| 80mH Girls U15 & U16 | U12 Boys | U13 Boys 2K |
| 80mH Boys U15 | U14 Boys | U13 Girls 2K |
| 100mH Girls U17/18 | U14 Girls | U15 Boys 3K |
| 100mH Boys U16 | U15/16 Girls | U16 Girls 3K |
| 100mH Boys U17 | U15/16 Boys | U19 Boys 6K |
| 100mH Girls U19/Sen Wm | | Senior/Mast Men 7.26K |
| 110mH Boys U18 | | |
| 110mH Boys U19/Sen Men | High Jump | Turbo Javelin |
| Hurdle finals will take place after each age groups heats | U12 Girls | U12 Girls |
| | U12 Boys | U12 Boys |
| | U13 Girls | |
| | U13 Boys | |
| 800m | U14 Girls | Javelin |
| 800m Girls U14 – U19 + Women | U14 Boys | U15/16 Girls |
| 800m Boys U14 – U19 + Men | | U15/16 Boys |
| | Relays 4x100m | U13 Boys |
| | U12 Girls & Boys | U13 Girls |
| | U14 Girls & Boys | U14 Boys |
| Sprints | U16/18 Girls & Boys | U14 Girls |
| 80m Girls & Boys U12 - U14 | U13 Girls & Boys | U17/18/19 Boys +Sen Men |
| 100m Girls & Boys U15 - U19 | U15 Girls & Boys | U17/18/19 Girls + Sen Wn |
| 100m Sen & Mast | U17/19 Girls & Boys | |
| 80m/100m Finals | Sen/Mast Women & Men | |